

West Suburban Grief Coalition

westsuburbangriefmn.org

Speaker Schedule

March 1 - May 31, 2018

4:30 - 6:00pm

Mt. Olivet Lutheran Church of Plymouth

12235 Old Rockford Rd

Plymouth, MN 55441

763-559-2775



March 1 st	Pastor Beth Horsch Mt. Olivet Lutheran Church of Plymouth	"Death Days"
March 8 th	Arnold Krueger	"Exploring Myths or Misconceptions of Grief"
March 15 th	Linda Cherek Individual & Family Counselor	"Journey Following Daughter's Death"
March 22 nd	Carri Sullivan Health Partners Hospice	"Grieving Mindfully"
March 29 th	Jane Evers	"Journey Following Husband's Death"
April 5 th	Mary Christopherson	"Hope After Loss"
April 12 th	Grace Wagnild	"Self Care & Exercise During Grief"
April 19 th	Steve Sims Retired Bereavement Coordinator Judy Tills-Bereavement Coordinator	"Creative & Meaningful Ways to Honor Your Loved One"
April 26 th	Marcie Spears	"Grief & Downsizing"
May 3 rd	Susan Obremski Psychotherapist	"Moving Forward"
May 10 th	Paul Johnson Health Partners Bereavement Coordinator	"The Transformative Nature of Grief"
May 17 th	Paul Johnson	"The Characteristics of Grief"
May 24 th	Beryl Schewe Director of Pastoral Care, Our Lady of Grace Catholic Church	"Getting Unstuck"
May 31 st	Participants	Small Group Sharing