

West Suburban Grief Coalition

westsuburbangriefmn.org

Spring 2019 Speaker Schedule

March 7 - May 30, 2019

4:30 - 6:00 pm

Oak Knoll Lutheran Church

600 Hopkins Crossroad

Minnetonka MN 55305

952-546-5433

March	7	Erika Vickerman	Welcome
	14	Annie Lumbar Bendson	Staying in Your Story
	21	Dale Swan	Being Grief Stuck
	28	Mary Canakas	Husband Loss
April	4	Carol Oldowski	Physical Side of Grief
	11	Donna Mathiowetz	Faith and Hope
	18	Mark Flaten	Self Care
	25	Cindy Hilbrands	My Grief Walk Through the Years
May	2	Cindy Anderson	My Personal Story: Enduring Child Loss
	9	Dr. Mary Harlow	Is it Grief or Something Else?
	16	Chris Lewis	Child Loss
	23	Dr. Nancy Slothower	Grief: What Helps / What Hurts
	30	Group Sharing	