

# WELCOME

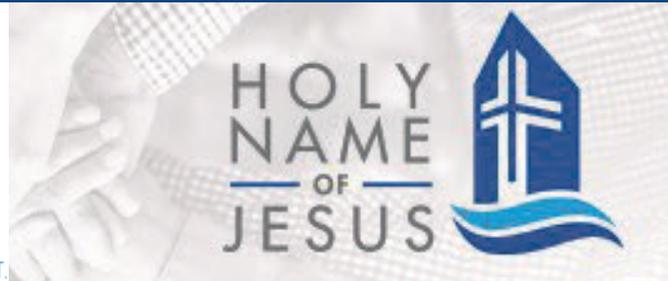
Sharing in the body of Christ,  
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KNOW

SEE

BE

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July 21, 2024 • The Sixteenth Sunday in Ordinary Time

## Weekend Mass Schedule

Saturday: 5 p.m.

Sunday: 8:30 a.m., 10:30 a.m. and  
5:30 p.m.

## Daily Mass Schedule

Monday-Saturday 8 a.m.

## Confessions

Saturdays: 8:30-9:30 a.m.

Wednesdays: 5:15-6:15 p.m.

## Sign Up for Email!

If you are not receiving our emails, the sign up link is on [hnoj.org](http://hnoj.org) under the contact us information.

## Anointing of the Sick or Funeral

Please call the parish office at 763-473-7901 to schedule. Or for an emergency, call 763-233-0259.

## Adoration Schedule

Sign up at [hnoj.weadorehim.com](http://hnoj.weadorehim.com)

Monday 8:30 a.m.-9 p.m.

Tuesday 8:30 a.m.-9 p.m.

Thursday 8:30 a.m.-9 p.m.

## Summer Parish Office Hours

Monday-Thursday 8 a.m.-4 p.m.

Friday 8 a.m.-12 p.m.



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## Burnout

By Fr. John Muir  
@LPi

Burnout. Recent studies suggest that roughly two-thirds of doctors and nurses have signs of it. You probably know what burnout is: long-term stress leading to emotional exhaustion and a lack of a sense of personal accomplishment.

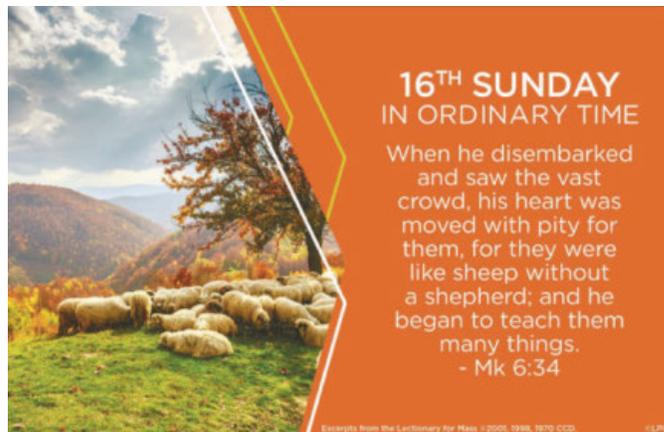
Burnout can

threaten anyone who tries to seriously serve and love others. How does our faith inform this challenging experience, and how do we find refreshment?

The apostles face something like burnout this week in Mark 6. They are run down from their missionary work, and Jesus says, **“Come away by yourselves to a lonely place, and rest a while.”** For them, and for us, it takes humility to intentionally rest. It means the world can go on without us. It stings our pride to admit God is necessary and we are not. Choosing to leave our good work to be with him – whatever the cost – is an act of humble faith. And that trust in God begins to revive us.

But there’s more to it. Hilariously, Mark tells us that throngs of needy people find out where the apostles are going and arrive ahead of them. Imagine the exasperation of the burnt-out apostles. *“Can we please get a minute to ourselves? This is not healthy!”* And Jesus seems to *encourage* the boundary violation by telling his frayed followers to feed the crowd. Look: once we move into humble rest, he calls us to more work, because we are made for love, not for rest. But Jesus does the vast bulk of the labor. He himself is the one who multiplies the small offering until everyone is satisfied.

What finally gives our heart rest isn’t more vacation time. It’s experiencing the super abundant generosity of God for us and those whom we serve.



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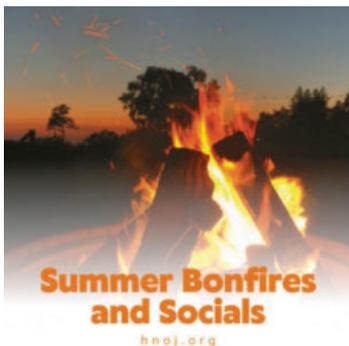


Follow us on Instagram [hnojwayzata](https://www.instagram.com/hnojwayzata)

## Men's Bonfire and Women's Social This Week

Please join us for our second of three men's bonfires and women's socials this summer!

Men of HNOJ, we will meet at a parishioner's home on Wednesday, July 24. Bring your own beverage and feel free to bring a friend! More information and registration at [hnoj.org/mensbonfires](http://hnoj.org/mensbonfires)



Women of HNOJ, we will meet at a parishioner's home on Thursday, July 25. Bring your own beverage and meet new and old friends! More information and registration at [hnoj.org/womenssummernights](http://hnoj.org/womenssummernights)

## Youth Sport Nights, Tuesdays at 7 p.m.

Middle school and high school youth are invited to join us most Tuesdays throughout the summer for Youth Sport Night!

Rain or shine, we will be here to play games and have fun on Tuesdays from 7-9 p.m. at HNOJ.

No sign up needed. Bring a friend!

Remaining dates:  
July 23, 30  
August 6, 13

Please contact Eve Anders with any questions at [eanders@hnoj.org](mailto:eanders@hnoj.org).



## Vacation Bible School - HERO

Aug. 5-8, from 8:30 a.m.-Noon

Are you ready for the best week of the summer? VBS registration for 2024 is now open! **Please check our VBS website at [hnoj.org/vbs](http://hnoj.org/vbs) for the registration and all the details.**



What is VBS? Vacation Bible School is a four-day faith-filled AND fun-filled adventure for participants of ages four through those entering 5th grade in the fall of 2024!

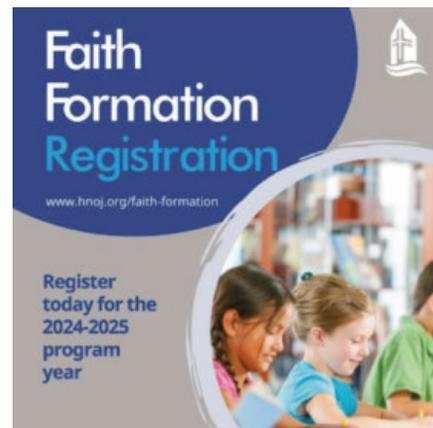
How much does it cost to attend VBS? The cost is \$50 per participant.

If you have any questions, please contact Jamie Overman at [joverman@hnoj.org](mailto:joverman@hnoj.org).

## Faith Formation Registration, Early Bird Rate Ends July 31

Our youth faith formation registration is now open for the 2024-2025 school year. We offer classes for preschool through high school and sacramental preparation for First Reconciliation, First Communion and Confirmation.

**Find all links at [hnoj.org/faith-formation](http://hnoj.org/faith-formation)** (just scroll to your age group or sacrament prep needs).



**Prices will increase after July 31**, so register now and get a head start for the fall! If you have any questions, please contact the following:

Elementary Faith Formation, First Reconciliation and First Communion: Jennifer Wendt at [jwendt@hnoj.org](mailto:jwendt@hnoj.org)

Middle School CREW: Chris Kostelc at [ckostelc@hnoj.org](mailto:ckostelc@hnoj.org)

Senior High and Confirmation: Eve Anders at [eanders@hnoj.org](mailto:eanders@hnoj.org)

## Fall Festival Golf Scramble, Register Today

Our annual Fall Festival Golf Scramble will be held on Wednesday, Sept. 4, at Rush Creek Golf Club. This fun event raises money to benefit our HNOJ security initiatives.

Registration is now open. Space is limited so make sure to register early! Below are all the details:

### Schedule of Events:

11 a.m. Check in  
12 p.m. 18 hole shotgun start  
Dinner and awards to follow

### Registration:

Individual \$275  
Includes (1): golf, drink ticket, mulligan, entry into prize drawing and dinner  
Foursome \$1100  
Includes (4): golf, drink tickets, mulligans, entry into prize drawing and dinner

### Optional Skins:

\$100 per team (half paid out to winner and half goes to the school)

**Link to Register:**  
[hnoj.org/golf](http://hnoj.org/golf)



## Job Opening: Ministry and Parish Administrative Associate

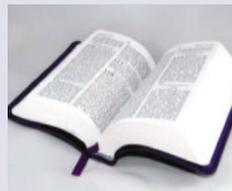
Are you passionate about serving others and fostering spiritual growth within a vibrant Catholic community?

At Holy Name of Jesus, we offer a supporting work environment where your skills and talents will play a pivotal role in supporting our parishioners on their faith journey. We aspire to create an environment where everyone feels not only welcome but an essential part of our mission. We are seeking a dynamic competent individual to join our team as a Ministry and Parish Administrative Associate full-time (32h).

This position provides support for Faith Formation as well as general office support. See the full job description at [hnoj.org/careers](http://hnoj.org/careers). Join us in advancing the vision of 21st-century discipleship at Holy Name of Jesus! We look forward to welcoming you to our team. Please submit your resume and cover letter outlining your qualifications and interest in the position to Chris Kostelc at [ckostelc@hnoj.org](mailto:ckostelc@hnoj.org).



## Scripture of the Week



*"The Lord is my shepherd; I shall not want." (Psalm 23:1)*

Our readings this week are about shepherding. Our First Reading from Jeremiah foretells the coming of Jesus, a shepherd who will be a "shoot to David". He will be a king who governs wisely, does what is right and just and save Judah. Psalm 23 views the security granted by a good shepherd through the eyes of the sheep and the blessing of being so led - "surely goodness and kindness follow me all the days of my life".

This theme of being sheep well shepherded is picked up by St. Paul in our Second Reading when he says, "He is our peace" and He gives us access "in one Spirit to the Father." Finally in St. Mark's Gospel we see a good shepherd in action. The disciples return from ministering and come back to Jesus - all of them are tired so they head out into the countryside to find a place to rest. But the people see them and follow them. Jesus the people gathering and "His heart was moved with pity for them, for they were like sheep without a shepherd; and He began to teach them many things." This is our Shepherd, one who places our concerns and needs above His own.

*Weekly reflections by parishioner Jon Hickman.*

## First Friday Rosary

Please join in praying the Rosary every First Friday of the month at 7:30 a.m. in the Church. Our prayers are dedicated in memory of those we loved. On Aug. 2, we will pray our next First Friday Rosary with Mass and a breakfast social to follow. All are welcome.



## Food Truck Social, Aug. 1

Please join us for our summer Food Truck Social! We have four food trucks confirmed. We hope you will join us on Thursday, Aug. 1, from 5:30–8:30 p.m. This will be a fun evening of delicious food, yard games and socializing!

Featuring the following food trucks:  
Egg Roll Queen  
Del Sur Empanada's  
Smokin' on Site  
Kona Ice

Please invite your family, friends and neighbors! More information may be found on our event page at [hnoj.org/foodtrucksocial](http://hnoj.org/foodtrucksocial)



## In Our Parish and Our Community

### Fall Festival

Please join us for our annual Fall Festival which will be held on Saturday, Sept. 21, from 4-9 p.m. Kick off the Festival with Mass on the Grass. Only once a year do we offer an opportunity to enjoy Mass in the great outdoors. Again this year, Mass will be on the grass opposite the school playground to allow for more shade, easier access and timing. Bring a blanket or lawn chair. We will have golf cart transportation for those with limited mobility (pick up by the school doors).

After Mass take part in any of the following activities at your leisure:

- Live Music – we are kicking it country this year with music from Coyote Wild
- Kids Games and Crafts
- Inflatables
- Face Painting
- Cookie Decorating
- Dragon Ride
- Music and Dancing
- Great Food
- Outreach Ministry Tent
- Country Market
- Classic Car Show
- Craft Beer Sale
- Sweepstakes – Flyer and tickets will be sent to all registered parishioners on our mailing list. Otherwise you can pick up a packet from the front desk mid-August

**Volunteer sign-up is open now.** There are a variety of roles from setup, sales, cooking and clean up. Many hands make light work! Find the link on our Fall Festival webpage at [hnoj.org/fallfest](http://hnoj.org/fallfest)



### Missionary Visitor, Aug. 3-4

The weekend of Aug. 3-4, we will have the opportunity to hear from a missionary priest from the Center for Mission. Please plan to be generous and support the work of the visiting missionary. More details coming soon.

### Communion Outreach

If you or someone you know is homebound in our parish area and would like Communion brought to them, please contact Maureen Laird-Hayes at [mymontanamo@gmail.com](mailto:mymontanamo@gmail.com) or 612-723-7001. At Holy Name of Jesus it is our joy and honor to be able to provide this ministry through our Communion Outreach Team.



### Cursillo Weekends

Discover a deeper faith this summer! Join us for the upcoming Cursillo weekends at Our Lady of Grace Catholic Church in Edina, MN. Experience a transformative journey to encounter Jesus, nourish your spirit and expand your prayer life.

#### Men's Weekend: Aug. 1-4

Rector: Steve Ricker

#### Women's Weekend: Aug. 8-11

Rectora: Mary Jo Remic

For more information, contact:

Sheryl Tufo: 612-868-3363, [sheryltufo@icloud.com](mailto:sheryltufo@icloud.com) or Tim Weldon: [weldon.tim@gmail.com](mailto:weldon.tim@gmail.com)

### Worldwide Marriage Encounter

Make plans for a getaway with the one you love before your calendar fills up!! A Marriage Encounter

Weekend is a private weekend away from life's distractions that allows a husband and wife to focus on each other. The next available weekend is Aug. 17-18, in Oakdale, MN. Early registration is highly recommended. For more information visit our website at: [twincitieswwme.org](http://twincitieswwme.org) or contact Brent and Tracy at 612-234-7440 or [applications@twincitieswwme.org](mailto:applications@twincitieswwme.org).



### Interfaith Outreach Items Needed

- Pull-Ups (size 3-4 and 4-5)
- Baby wipes and baby diapers (size 5 and 6)
- Adult diapers
- Canned chicken
- Feminine hygiene products (especially pads)
- Bottled water
- Sparkling water

Learn more about our Food Shelf "SuperShelf" at [iocp.org/outreach-services/food-shelf](http://iocp.org/outreach-services/food-shelf).

### The Chosen Small Group

This September and October, you can join a Holy Name of Jesus small group that will gather to watch and discuss season four of the hit show "The Chosen"! Meetings will be held in the St. Cecilia Room on Wednesdays from 1-2:30 p.m. starting on Sept. 4 and going through Oct. 30. Sign up through the Group Vitals account: <https://archspm.groupvitals.com/groupfinder/profile/75375> Or email Betty Kemmetmueller at [bkemmetmueller@gmail.com](mailto:bkemmetmueller@gmail.com)

# Contact Us

## Parish Staff

**Pastor**  
Fr. Tim Wratkowski ..... 763-745-3491

**Parochial Vicar**  
Fr. Chris Yanta ..... 763-745-3495

**Deacon**  
Rev. Mr. Dennis Hanson ..... 763-233-0242

**Parish Administrator**  
Janna Webskowski ..... 763-745-3480

**Executive Assistant**  
Cheri Quast ..... 763-745-3486

**Accountant/HR Specialist/Contributions**  
Gabby Lehner ..... 763-233-0241

**Music Director**  
Kraig Windschitl ..... 763-745-3490

**Coordinator of Elementary Faith Formation (Preschool-Gr. 5)**  
Jennifer Wendt ..... 763-745-3483

**Middle School Youth Minister (Gr. 6-8)**  
..... 763-746-8195

**Senior High Youth Minister (Gr. 9-12)**  
Eve Anders ..... 763-233-0251

**Director of Mission and Faith Formation**  
Chris Kostelc ..... 763-745-3489

**Coordinator of Mission**  
Tim Lyngdal ..... 763-746-8190

**Bulletin/Website**  
Sarah Reid ..... 763-746-8194

**Baptism Scheduling/Safe Environment Coordinator**  
Jennifer Wendt ..... 763-745-3483

**Front Desk**  
Jan Stumpf ..... 763-473-7901

**Room Scheduling**  
Front Desk ..... 763-473-7901

**Cemetery/Sexton**  
Bob Weinzierl, Jr. .... 612-720-9206

**Parish Prayer Line:**  
As a parish community we hold each other in prayer and commit to praying for those in need. To share your prayer requests confidentially or to join the Prayer Line Email: [prayerline@hnoj.org](mailto:prayerline@hnoj.org) or call Lee Ann Silver ..... 612-790-3114

**Mass Intentions:**  
Call to have a Mass offered for the intention of a deceased loved one  
Front Desk ..... 763-473-7901

**Pastoral Council Chairperson**  
Bill Inhofer ..... 763-476-6273

## School Staff

**Principal**  
Martha Laurent ..... 763-473-3675

**Administrative Assistant**  
Carla Durand ..... 763-473-3675 vm150

## Email Addresses

Initial of first name followed by last name and @hnoj.org (example [dhanson@hnoj.org](mailto:dhanson@hnoj.org))  
Exceptions: Fr. Tim Wratkowski: [rtim.wratkowski@hnoj.org](mailto:rtim.wratkowski@hnoj.org)  
Fr. Chris Yanta: [frchris.yanta@hnoj.org](mailto:frchris.yanta@hnoj.org)

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Pete Carlson, Parishioner

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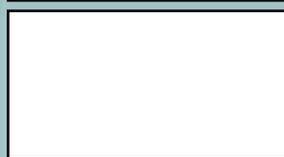


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