# **WELCOME**

Sharing in the body of Christ, we seek to:

KNOW SEE BE

THE HEART OF CHRIST. THE FACE OF CHRIST. THE HANDS OF CHRIST.



November 30, 2025 • The First Sunday of Advent

#### Weekend Mass Schedule

Saturday: 5 pm Sunday: 8:30 am,10:30 am, and 5:30 pm

#### Nursery

Nursery is offered for the Sunday morning Masses

#### **Daily Mass Schedule**

Monday-Saturday 8 am

#### Confessions

Wednesdays: 5:15-6:15 pm Saturdays: 8:30-9:30 am

#### Sign Up for Email!

If you are not receiving our emails, the sign up link is on hnoj.org under the contact us information.

#### Anointing of the Sick or Funeral

Please call the parish office at 763-473-7901 to schedule. Or for an emergency, call 763-233-0259.

#### **Adoration Schedule**

Sign up at hnoj.weadorehim.com Monday 8:30 am-9 pm Tuesday 8:30 am-9 pm Thursday 8:30 am-9 pm

#### **Parish Office Hours**

Monday-Friday 8 am-4 pm



Give Online:

https://www.hnoj.org/online-donations

#### **Reclaiming Sundays**

\*Taken from the Archdiocese of St. Paul and Minneapolis booklet on Reclaiming Sundays. Please pick up your booklet at the bulletin stand in the Gathering Space. Find more information and a monthly video at archspm.org/sundays

"Sunday is a day which is at the very heart of the Christian life. [...L]et us open our time to Christ, that he may cast light upon it and give it direction. He is the One who knows the secret of time and the secret of eternity, and he gives us



"his day" as an ever new gift of his love. The rediscovery of this day is a grace which we must implore, not only so that we may live the demands of faith to the full, but also so that we may respond concretely to the deepest human yearnings. Time given to Christ is never time lost, but is rather time gained, so that our relationships and indeed our whole life may become more profoundly human." (Pope St. John Paul II, Dies Domini, 7)

Each parish of the Archdiocese of Saint Paul and Minneapolis is asked to help families in their parish "reclaim" Sundays. We will begin sharing monthly themes with sample activities that you can do at home. These activities should help parishioners take concrete steps, large or small, to develop habits that produce the fruit that comes from fully living the Lord's Day.

#### December - Music and Prayer

"He who sings, prays twice." St. Augustine

Music and song lifts the spirit to God. Engaging in vocal or instrumental music can be a way for our whole self to share in the glory of the Father.

#### SAMPLE ACTIVITIES FOR DECEMBER:

- Share the gift of music together. If you can play instruments, great!
- Make a playlist of favorite hymns.
- Find a playlist of Advent music.
- Does your parish, school, or neighborhood have some sort of musical program this month? Attend as a family.
- Pray with an Advent Wreath.
- Building habits of prayer with the Hallow App.



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#### Advent Schedule 2025

Our Advent Season begins on Sunday, Nov. 30. Advent is a time of spiritual preparation and there are many resources available to help you in your prayer! We recommend FORMED.org, the Hallow App, making a commitment to daily Mass, or an hour of Adoration.

#### **Advent Confessions**

Wednesdays from 5:15-6:15 pm Saturdays from 8:30-9:30 am

# Our Advent Reconciliation Services will be held on the following days:

Friday, Dec. 12, from 9:30-11:30 am Tuesday, Dec. 16, from 5:45-7:45 pm

# Feast of the Immaculate Conception Monday, Dec. 8

Mass times for this Holy Day of Obligation are as follows: 6:30 am, 8 am, and 6 pm

#### Advent Night of Reflection, Dec. 9

Save the date for this year's Advent Night of Reflection that will take place on Tuesday, Dec. 9, from 6:30-8:30 pm. Dr. Pamela Patnode will speak on "Reclaiming Sundays: Why Worship, Rest, and Leisure Matter in a Fast-paced, Al World." Dr. Patnode is a gifted presenter and well known international speaker, author, and HNOJ parishioner. In addition to the talk, we will have a time of prayer in Eucharistic Adoration and a reception to discuss the topic with fellow parishioners.

#### **Advent Resources**

Found online at hnoj.org/advent

Hallow App - The Complete Guide to the Season of Advent: https://hallow.com/

**Dynamic Catholic** - Best Advent Ever www.dynamiccatholic.com/advent/best-advent-ever.html

**Word on Fire** - Bishop Barron's Daily Advent Reflections: https://www.wordonfire.org

**USCCB Advent Calendar** - www.usccb.org/ resources/2025-advent-calendar

#### **FORMED Advent Calendar:**

At FORMED.org you'll find a seemingly endless list of engaging Catholic formation content. FORMED has video series, movies, talks, music, and more for children, teens, and adults too. FORMED is free for HNOJ parishioners and can be accessed online or via their app for all devices and smart TVs. Convenient, free, and full of great content.



#### Armchair Advent: A Cozy Zoom Small Group

You are invited to explore the beauty and meaning of Advent. Find your favorite chair, pour a soothing cup of tea, and light a gentle candle – because you are warmly invited to Armchair Advent, a small group gathering on Zoom that brings the spirit of Advent directly into the comfort of your home. On the following Tuesdays, we will engage in thoughtful discussion about the beauty and meaning of this special season. Whether you're seeking quiet moments of peace or heartfelt connection, this group is a welcoming space for all.

#### Nov 25, Dec 2, Dec 9, Dec 16, from 7-8:30 pm via Zoom

Come as you are and journey through Advent with friends old and new. We look forward to sharing this meaningful season with you! Sign up for this small group at hnoj.org/smallgroups and scroll to Armchair Advent when you get to the list of small groups at HNOJ.

#### Pilgrimage to Italy - More Spots Added!

A second bus has been added in our pilgrimage in Italy, so we have opened up more spots. Join Fr. Wratkowski and other parishioners on a pilgrimage to Italy, with stops including Florence, Siena, Assisi, and Rome. The dates of the



pilgrimage are **Oct. 26 - Nov. 6, 2026**. All details at hnoj.org/pilgrimage

#### Parish News

#### Children's Holy Hour, Dec. 5

Families of HNOJ, come together for a great hour of family formation most First Fridays during the school year. We meet from 4-5 pm starting each session with 20-30 minutes of Eucharistic Adoration and then follow with a family faith activity for all.



Eucharistic Adoration is a form of prayer before Jesus in the consecrated host. Bringing your kids to this is bringing your kids to be with Jesus! This event is for squirmy and noisy families so bring everyone! Advent is our theme on Dec. 5. Here is a photo of the November Holy Hour when the children dressed up as their favorite saint in honor of All Saints Day.

#### Come Sing for Christmas with the Adult Choir

If you would like to join the Adult Choir and sing for Christmas only, rehearsals are held on three Wednesdays preceding Christmas. The Christmas Mass is the late Mass on Christmas Eve (10 pm). This group is accompanied by organ, piano, and strings.



Choir is open to all those who wish to serve through the gift of music. Rehearsals are Wednesday night, 7-8:30 pm. Please reach out to Kraig at kwindschitl@hnoj.org for more information.

#### Scripture of the Week



"Therefore, stay awake! For you do not know on which day your Lord will come.'" (Matthew 24:42)

Today Isaiah foretells a coming judgement and hearkens all to walk in the light of the Lord. Jesus in our Gospel from St. Matthew says that none knows the exact day and so all must keep watch.

Change is coming, we feel it in the movement of seasons, and we feel it in movements of the Lord in our lives. Like the disciples, we must keep watch. Advent invites us into a renewed (or first time) interior conversion. Let us all pray for a peaceful season of reflection and contemplation of the greatest gift of all - Jesus stepping into humanity to invite us into His divinity.

Weekly reflections by parishioner Jon Hickman



#### Women's Night at HNOJ, Dec. 4

Women of HNOJ – you are invited to Women's Night. We offer an evening (generally the first Thursday of the month) for socializing, prayer, and growing in faith. What to expect: a speaker, small group discussion, fellowship, laughter, snacks, and drinks. No cost to attend, but we will have a free-will offering to cover snacks, wine, hot chocolate, hot cider, and sparking water.

What the evening will look like:

7 pm Social time

7:20-8:30 pm Speaker and smaller group discussion

8:30-9 pm Adoration in the Church (stay for 5 minutes or 30 minutes)

The December speaker will be parishioner Angie Paske sharing about how to settle our hearts in this busy season with Saints Mary and Martha. No RSVP needed – please invite a friend!



### In Our Parish and Our Community

#### Cookies with Santa, Dec. 6

Join us for *Cookies with Santa* on Saturday, Dec. 6, from 9-11:30 am. This free event is hosted by HNOJ School and is open to all!

Your family will have a chance to visit with Santa and Mrs. Claus, share Christmas wishes, get a family photo, and enjoy treats. We will also be collecting toy donations for *Toys for Tots*, and we will have a PaperPie Book Fair if you are looking for some great Christmas gifts! Register today at hnoj.org/ cookieswithsanta



#### Baby Blessing for Expectant Mothers, Dec. 7

Expectant mothers will be recognized and their babies blessed on Sunday, Dec. 7, after the 10:30 am Mass. The priest will say a rite of blessing for the expectant mother and preborn child. Please join with your families after the Sunday morning 10:30 am Mass on Sunday, Dec. 7, for this special blessing. Please meet by the Baptismal Font in the church.



#### NPH and Pampered Chef

As you begin your holiday shopping, you might consider shopping with Pampered Chef! It's a win-win since 30% of your purchase will benefit Nuestros Pequenos Hermanos (NPH). The fundraiser will remain open through the holidays, and your products



ship immediately. Please help share the link so others can do their holiday shopping while benefitting NPH, too. Go to www.pamperedchef.com/party/nph2026



#### Interfaith Outreach Items Needed

Sugar Diapers (size 6) Pull-Ups (sizes 4T & 5T) Canned chicken Hearty soups (cans) Spaghetti sauce (jars)

Paper grocery bags and empty egg cartons
\*Winter outdoor gear is also needed – please drop off
clothing donations at the Resale Store

Learn more about our Food Shelf "SuperShelf" at iocp.org/outreach-services/food-shelf

#### Luke 18 Retreat, Registration Closes Soon

Luke 18 invites middle school youth into a relationship with Jesus Christ. Our Lord, Jesus Christ, is not a God who requires us to be perfect in order to be in a relationship with Him. He wants to



love us in our fallen nature and He wants to invite us to become saints by relying on His strength. He understands us and carries our crosses with us throughout our entire lives. We have Jesus by our side, prayers of angels and saints, and friends to accompany us on the way.

Luke 18 takes place Friday, Dec. 12, 6:30-10 pm AND Dec. 13, 9 am-8:30 pm. Please note that this retreat does not have an overnight option.

More details and registration may be found at hnoj.org/luke18 and please contact Luke at lklavins@hnoj.org with any questions.

#### Extreme Faith Camp

Extreme Faith Camp is a premier high adventure camp packed with incredible activities! High ropes, lasertag, zip lines, climbing walls, and more! Extreme Faith



Camp is led by parishes from the Archdiocese of St. Paul and

Minneapolis, guaranteeing that summer camp is not just a mountaintop faith experience, but one that builds lifelong foundations of faith. Our faith programming is founded in the sacramental life of the Catholic Church, and our mission and work is anything but boring. This summer, Extreme Faith Camp will be at Trinity Woods Camp and Retreat Center in Trego, Wisconsin, July 13-17.

Registration for EFC is now officially open. If you would like to secure a spot for your child, register as soon as you can because *spots fill up fast*. Registration can be found at hnoj.org/extremefaithcamp

#### Preparing for a Holy Death

Have you ever faced death or is a loved one close to the end? Are you ready? Deacon Micheal Nevin witnesses this sacred transition into eternity on a regular basis. He is the director of pastoral care at the Glenn Catholic Senior Community in Minnetonka.

You are invited to attend one of the two upcoming sessions: Tuesday, Dec. 2, from 6-7:30 pm Wednesday, Dec. 3, from 8:30-10 am

There will be time for Q and A, as well as time for discussion after the presentation. This is a free event! Hospitality will be served. No RSVP needed. These events will be held at St. John the Baptist Catholic Church in Excelsior.

#### Contact Us

#### **Parish Staff**

Pastor	
Fr. Tim Wratkowski	763-745-3491
Parochial Vicar	702 745 2405
Fr. Chris Yanta	/03-/45-3495
Deacon Rev. Mr. Dennis Hanson	763_233_0242
Parish Business Administrator	703-233-0242
Janna Webskowski	763-745-3480
Executive Assistant	
Cheri Quast	763-745-3486
Bookkeeping and HR Support Specialist	
Karen Medina	763-233-0241
Director of Sacred Music	
Kraig Windschitl	
Coordinator of Elementary Faith Formation	
Jennifer Wendt  Middle School Youth Minister (Gr. 6-8)	/03-/45-3483
Luke Klavins	763-746-8195
Senior High Youth Minister (Gr. 9-12)	703-740-0133
Eve Edwards	763-233-0251
Ministry and Parish Administrative Associate, Baptism	
Scheduling and Safe Environment Coordinator	
Claudia Rabaey	763-745-3492
Director of Mission and Faith Formation	
Chris Kostelc	763-745-3489
Coordinator of Mission	762 746 9100
Tim Lyngdal Bulletin/Website	/03-/40-8190
Sarah Reid	763-746-8104
Jaiaii i leiu	705-740-6134

Cemetery/Sexton Bob Weinzierl, Jr	
Parish Prayer Line: As a parish community we hold each other in prayer and commit to praying for those in need. To share your prayer requests confidentially or to join the Prayer Line Email: prayerline@hnoj.org or call Lee Ann Silver	
Mass Intentions: Call to have a Mass offered for the intention of a deceased loved one Front Desk763-473-7901	
Pastoral Council Chairperson Bill Inhofer763-476-6273	
School Staff	
Principal Martha Laurent	
Carla Durand763-473-3675 vm150	
Email Addresses	

Initial of first name followed by last name and @hnoj.org

Exceptions: Fr. Tim Wratkowski: frtim.wratkowski@hnoj.org Fr. Chris Yanta: frchris.yanta@hnoj.org





(example dhanson@hnoj.org)





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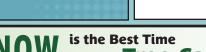
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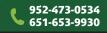








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